








IKIGAI
FOOD FOR LIFE

WELCOME TO THE TRIBE!







BREAKFAST

IKIGAI day START plate /  **option av.**     14.90
the perfect balanced plate for a day start with smoked salmon, fresh sliced avocado, scrambled eggs / fried, rustic bread, sesame, salad mix and cherry tomatoes

QUESADILLA WITH EGGS AND VEGGIES /     13.90
with eggs, veggies, corn, cheese, avocado and tomato salad

PITA WITH TUNA AND RUCCOLA     13.80
with integral pita, tuna, corn, cheese, cherry tomato, salsa, chilli, rucolla

AVOCADO BURGER     13.70
with smoked salmon, avocado, fried egg, cherry tomatoes, rustic bread

BURRITO OMELETTE    13.70
with tortilla, eggs, mashed avocado, cheese, pepers and avo-tomato salad




PORRIDGE BOWL      12.90
IKI's famous porridge with oat, oat milk, peanut butter, homemade granola, banana and fresh fruits or frozen ones





IKIGAI'S BRUNCH       21.90
with sliced avocado, smoked salmon. fried or scrambled eggs, baby mozzarella, beet hummus, rustic bread, salad, waffles, maple syrup, fruits

BREAKFAST TACOS MANIA     13.60
with scrambled eggs/fried, avo, radish, coriander, chilli, homemade salsa, rucolla

ORGANIC BREAD TOASTS WITH:

< organic gluten free bread option >      

- one of IKI's favorite with philadelphia, pesto, smoked salmon, fried eggs, harissa, cashew nuts 13.80
- with philadelphia, avocado, smoked salmon and salad 12.80
- with blue spirulina philadelphia cheese, avo, cashew, pomegranate / op.  12.70
- IKIGAI's next favorite with mashed avocado, fried smoked salmon, scrambled eggs, rucolla, chili flakes 13.90
- with mashed avocado, scrambled eggs and salad 12.90
- with burrata, fresh avocado, cherry tomato, caju, sesame 13.80
- with beet hummus, avocado, boiled egg sesame, caju, pomegranate / op.  12.80
- with butter, fried salmon, boiled eggs, avo, rucolla, radish, cashew, pomegranate 13.90
- with ricotta, homemade marmalade, fresh fruits, almond 12.50
- with ricotta, mashed avocado, cherry tomato, roasted almond 12.80
- with maple syrup, peanut butter, banana, berry's and granola  12.60


IKIGAI'S BAGGEL     12.90
with philadelphia, fried egg, smoked salmon, rucolla, avocado, radish, cucumber, sesame

LUNCH AND DINNER

< lunch available from 12.30 >

POKE BOWLS



- IKIGAI'S TRIBE favorite with smoked salmon, sliced avocado, edamame, cucumber, mango, lettuce, rice, honey mustard dressing, cashew nuts, sesame, physalis, chia seeds 18.90
- with tuna, bulgur, corn, chickpeas, cucumber, edamame, red cabbage green grapes, dressing 16.90
- with homemade falafel, bulgur, beet hummus, celery, cucumber, pomegranate, tahini dressing, roasted almond  17.90

PASTA WITH CHICKEN AND PESTO



fresh pasta with pesto, grilled chicken, baby mozzarella, caju, dried tomatoes 17.90

FALAFEL A LA GREEK



with greek yoghurt, homemade falafel, grilled cherry tomatoes and padron peppers, cilantro, mint, pomegranate 17.70

THE incredible IKIGAI BURGER



with grilled chicken, cucumber, cedar chees, crisp onion, red cabbage, crisp potato 18.90

THE incredible IKIGAI VEGAN BURGER



Homemade Vegan FALAFEL burger, beet hummus mashed avocado, sweet potato chips 17.90

BURRITO CHICKEN



on the podium, our absolutely mumsssy burrito with chicken, cheese, peppers, corn, salad, crispy onion, salsa, super crisp potato chips and majo aside 18.90

BURRITO MIAMOR VEGAN



with our homemade special "meat", cheese, corn, colored pepper, salsa, salad, super crisp potato chips and majo aside 17.90

SUSHI BOWL / option available



with sushi rice, salmon, avocado, edamame, soya, wasabi, cucumber 17.80

GRILLED SALMON FILLET



with rice, grilled salmon fillet, homemade mangoavo salad, salsa, lemon 23.80

TACOS o'clock / option available



with TexMex chicken, corn, redcabbage, mango avo salad, salsa, cilantro 16.80

CURRY RICE WITH GRILLED CHICKEN AND MANGO SOUCE



with curry rice, grilled chicken, corn, asparagus and dressing 18.80

PESTO CHICKEN SALAD



with salad mix, pesto chicken breast, baby mozzarella, dried tomatoes, Granny Smith apple, caju, basil 17.70

BUDDHA BOWL



with rice, chickpeas, edamame, avocado, carrots, red cabbage, dressing, caju, sesame 15.20

PARADISE BOWLS



- **IKIGAI LIFE BOWL** with greek yohurt. our famous homemade granola, peanut butter, mix of fresh fruits 11.90
- **IKIGAI ACAI BOWL** top seller, IKIGAI'S creamy Amazonian ACAI 100% organic, loaded with berries, banana, peanut butter, homemade granola, fruits, coconut flakes, chia 13.80
- **PITAYA BOWL** with 100% organic dragon fruit ,banana, mango, homemade granola, fruits, peanut butter, coconut 12.90
- **COCO BOWL** with organic coconut, banana, pineapple, peanut butter, homemade granola, fruits 12.90
- **BLUE SKY BOWL** with banana, ,mango, pineapple, blue spirulina, homemade granola, peanut butter fruits, coco 12.90
- **SINNERS OF PARADISE BOWL** with banana, mango peanut butter, cacao,, homemade granola, fruits ,chia 12.90
- **TROPICAL MATCHA BOWL** with mango,pineapple matcha, banana ,spinach , fruits, granola 12.90
- **BIRDS OF PARADISE BOWL** with banana, pineapple, mango, passion fruits, granola, , peanut butter, fruits 12.90

TO SHARE



Edamame Bowl

boiled edamame with soy.
sauce, harissa, ,chili

8.90

Hummus Bowl

beet hummus with
carrot and cucumber

9.80

Guacamole Bowl

mashed avocado,
cherry tomato

9.80

Burrata Plate

with cherry tomato,
baby mozzarella
basilica,caju

12.40

SALMON AVO TARTAR

with smoked
salmon, avocado,,
mango

13.70

HOT NACHOS

with salsa,
guacamole
dipps

8.90

Desserts



HOMEMADE WAFFLES
with banana, peanut butter, maple
syrup ,fruits, granola

8.90

HOMEMADE FRUIT ICE CREAM
with fruits and granola

7.50

FRESH FRUIT PLATE
HOMEMADE CHIA PUDDING
with fruit and granola

10.80
6.80

Sides



SUPER CRISPY POTATO CHIPS 6.90

SWEET POTATO CHIPS 7.80

GRILLED GREEN PADRON PEPPERS 8.80

PATATAS BRAVAS 9.80

SHAKES AND SMOOTHIES



ACAI ENERGY SHAKE	 	9.90
with acai, blueberry, banana, coconut milk, chia		
ACAI SOFT ICECREAM	 	11.60
<u>acai icecream, homemade granola, peanut butter, chia pudding fruits</u>		
BLUE SPIRULINA IMMUNITY SHAKE	 	9.80
mango, pineapple, banana, passion fruit, blue spirulina, coconut milk		
DRAGON FRUIT AND BEET MULTIVITAMIN SMOOTHIE	 	9.80
with dragon fruit, banana, beet, raspberry, mango, orange juice		
AVO RAW CHOCOLATE SHAKE	 	9.80
raw cacao powder, avocado, mango, chocolate nibs, banana, peanut butter, almond milk, chia		
GREEN DETOX SMOOTHIE	  	9.80
with spinach, mango, pineapple, celery, banana, orange juice		
COCO HYDRA SHAKE	 	9.80
with banana, pineapple, 100% organic coco, chia		
HEALTHY CARROT CAKE SHAKE	 	9.80
with banana, carrot, peanut butter, oat milk, biscuits, cinnamon, chia		
PEANUT BUTTER RECOVERY SHAKE	 	9.80
with peanut butter, mango, banana, oats, raw cacao, almond milk		
CURCUMA HEALT BOOST SMOOTHIE	 	9.80
pineapple, banana, mango, maracuja curcuma and orange juice, chia		
<u>GLADLY ADD EXTRA PEA PROTEIN POWDER OR COLLAGEN 2.40</u>		

All our smoothies and shakes are homemade, containing ONLY fruits, fresh squeezed orange juice or coconut milk.. NO SYRUP OR ADDED SUGAR.

IKIGAIS NATURAL JUICES

FRESH SQUEEZED ORANGE JUICE SMALL / LARGE	3.80/4.90
FRESH FROZEN ORANGE JUICE SMALL/LARGE	5.80/6.90
HOMEMADE GINGER SHOT	2.20/4.00
(immunity boost, anti inflammatory, antioxidants, controls blood sugar)	
CUCUMBER /PINEAPPLE /LEMON /MINT WATER INFUSION	5.90
HOMEMADE LEMONADE with COCO / FRUITS (no syrup or sugar added)	5.90
COLLAGEN BOOST HOMEMADE magic ELIXIR	6.90
with mango, blueberry, collagen, lemon and orange juice	
P.S. BEACH TAKE AWAY AVAILABLE!	KOMBUCHA 6.50



IKIGAI

FOOD FOR LIFE

COFFEE TIME

RELAX AND ENJOY OUR **ECOLOGIC** COFFEE

[p.s. probably the best coffee in town]

ESPRESSO	1.90
AMERICANO	2.20
CAPPUCCINO	3.20
COFFEE WITH MILK	2.90
ICE COFFEE	3.80
LATTE MACCHIATO	3.90
EXTRA COFFEE SHOT	1.20
COLACAO LATTE	3.20

SUPERFOOD LATTES

< hot or iced cold >

MATCHA LATTE	6.90
ACAI LATTE	6.90
CURCUMA LATTE	6.90
CHAI LATTE	6.90
BLUE SPIRULINA LATTE	6.90
DRAGON FRUIT LATTE	6.90

like a friendly reminder < you can always add a shot of coffee in your fav. latte >

PLANT BASED MILK OPTION AVAILABLE

ALMOND SOY  COCONUT OAT

ORGANIC TEA INFUSIONS 3.90

ICE COLD TEAS 5.80

by Hills Brothers

ASK FOR FLAVOURS

ADD MAPEL SYRUP, CARAMEL OR HONEY 0.50

IKIGAI

REFRESHMENTS

STILL/SPARKLING WATER	2.90
COCA COLA / FANTA/SPRITE	2.90
NESTEA	2.90
APPLETIZER	2.90
TONIC ROYAL BRISS	2.90
GINGER BEER	4.20
VITAMIN WELL	

BEERS

CORONA 355ML	3.90
ALHAMBRA ESPECIAL CANA	3.10
ALHAMBRA ESPECIAL PINTA	4.20
ALHAMBRA RESERVA 1925	3.80
SAN MIGUEL ESPECIAL/0.0	3.20
SAN MIGUEL GLUTEN FREE	3.80

IKIGAI DRINKS AND COCKTAILS

IKIGAI FROZEN MARGERITA with MARACUA / coco / berries	11.80
<u>Ikigai's FABULOUS FROZEN margarita</u> <u>is a fiesta in a glass, blending frozen fruits,</u> <u>zesty lemon juice, tequila, and triple sec!</u>	
organic GIN TONIC / 0.0 % OPTION available	10.50
PINNA COLADA rom, pineapple , coco	10.90
APEROL SPRITZ	10.50
FLAMINGO APEROL	
Aperol, raspberry, maracuja, lemon juice	11.00
MOJITO CLASSIC / MARACUJA/ PITAHAYA	9.90/10.80/11.00
TEQUILA MULE	
Tequila, lime juice, ginger beer	10.80
TEQUILA SUNRISE	
Tequila, pomegranate, orange juice, spices	10.90
THE FROZEN DEVIL	
Whiskey, frozen berries, lemon juice, maple syrup, pomegranate	11.50

IKIGAI

NATURAL WINES

BODEGA CAMPESTRAL

Natural wines with a single ingredient :

GRAPE, GRAPE and only GRAPE

Natural wine has absolute NO chemical or technological intervention throughout the whole production process

CAMPESTRAL STILL RED	4.80	19.50
CAMPESTRAL STILL WHITE	4.80	19.50
CAMPESTRAL STILL CLARET	4.80	19.50
CAMPESTRAL ENVEJECIO EN ROBLE	5.80	24.50

ANCESTRAL METHOD: WINES WITH NATURAL BUBBLES

CAMPESTRAL ANCESTRAL RED	26.00
CAMPESTRAL ANCESTRAL WHITE	26.00
CAMPESTRAL ANCESTRAL CLARET	26.00
CAMPESTRAL BAJO VELO	32.00

WE HOPE YOU ENJOY OUR NATURAL WINES AS MUCH
AS WE DO !

SANGRIA WITH FRUITS	6.80
TINTO DE VERANO	6.80

IKIGAI

WELCOME TO THE HOUSE OF IKIGAI

What is IKIGAI? It might be a question you've never asked yourself. IKIGAI is a Japanese concept that means your 'reason for being'. Your IKIGAI is your life purpose or your bliss. It's what brings you joy and inspires you to get out of bed every day.

THE 10 RULES OF IKIGAI

Stay active

Don't retire

Take it slow

Get in shape

Live in the moment

Reconnect with nature

Smile

Surround yourself with good friends

Give thanks

Follow your Ikigai

WELCOME TO THE TRIBE !

FOLLOW OUR JOURNEY ON INSTAGRAM

IKIGAIFOODFORLIFE



A vibrant tropical floral border surrounds the central text. It features large green monstera leaves, delicate palm fronds, and bright red hibiscus flowers. A single Bird of Paradise flower is positioned above the main title, while a cluster of them is in the bottom right. The background is a light, neutral green.

IKIGAI

FOOD FOR LIFE

WELCOME TO THE TRIBE!

A vibrant tropical floral border surrounds the central text. It features large green leaves, a Bird of Paradise flower with orange and blue petals, and a bright pink hibiscus flower with a yellow center. The background is a solid light pink color.

IKIGAI

FOOD FOR LIFE

WELCOME TO THE TRIBE!

DESAYUNO

IKIGAI INICIO DEL DIA/  option    

Un plato perfectamente equilibrado para el comienzo del día, con salmon ahumado, aguacate fresco, huevos revueltos o fritos, pan de masa madre rustico, ensalada mix, tomate cherry, sesame.

14.90

Quesadilla con huevos y vegetales /  option    

con tortilla y vegetales, maíz, queso, ensalada de aguacate y tomate

13.90

PITA CON ATUN Y mucha RUCOLLA   

con pita integral, atún, maíz, queso, tomate cherry, salsa mucha rucolla

13.80

AVOCADO BURGER    

Con salmón, aguacate, ensalada, tomates cherry, pan rústico, sesamo, limon.

13.70

BURRITO OMELET    

con tortilla, huevos, aguacate, queso, pimiento, ensalada mix, salsa

13.70

PORIGE BOWL    

con avena ecológica, leche de avena, mantequilla de mani granola casera, plátano, frutas, almendras, semillas de cáñamo

12.90

BRUNCH PLATE      

con aguacate, salmon ahumado, huevos, queso, hummus de remolacha, ensalada, gofres, jarabe de arce, frutas

21.90

DESAYUNO TACOS MANIA   




con huevos revueltos/, aguacate, cilantro, chile, salsa casera, rucolla

13.60

TOSTADAS CON PAN ECOLOGICO DE MASA MADRE

<Opciones de pan ecologico sin gluten disponibles>



- IKIGAI favorita con philadelphia y pesto, salmón ahumado, huevos fritos, harissa, anacardos, rucolla 13.80
- con philadelphia, aguacate, salmón, anacardos y ensalada 12.80
- con espirulina azul, philadelphia aguacate, anacardos, mini mezclum / op.  12.70
- con pure de aguacate, salmon ahumado a la plancha, huevos revueltos, rucolla y hojuelas de chilli 13.90
- con puré de aguacate, huevos revueltos y ensalada 12.90
- con Burrata, aguacate, cherry tomato, anacardos, sesamo 13.80
- con hummus de remolacha, aguacate, huevo cocido, sésamo, anacardos, granada/ option  12.80
- con mantequilla, salmón a la plancha, huevos cocidos, aguacate, rucolla, rábano, anacardo, 13.90
- con ricota, puré de aguacate, albahaca, y tomates cherry 12.50
- con ricotta, mermelada de frambuesa casera, semillas de cáñamo, frutas, anacardos 12.80
- con mantequilla de mani, plátano bayas y almendras, mapple syrup y frutas  12.60

BAGGEL of IKIGAI     

con philadelphia, huevo frito, salmón ahumado, rúcula, aguacate, rábano, sésamo

12.90

ALMUERZO Y CENA

< lunch available from 12.30 >

POKE BOWL



- con salmón ahumado, arroz, aguacate, edamame, pepino, mango, lechuga, semillas, aderezo de miel y mostaza.chia
- con atún , bulgur , maíz, garbanzos, pepino, repollo morado, uvas blancas y soja
- con falafel casero, bulgur, hummus de remolacha, apio, rabano, granada, aderezo de tahini

18.90

16.90

17.90

PASTA CON POLLO Y PESTO



con pasta casera al pesto, pollo en salsa pesto, queso mozzarella en perlas, tomate seco, anacardos, albahaca.

17.90

FALAFEL A LA GREEK



con yogurt griego, harissa, falafel casero, tomate cherry al grill, cilantro, menta, granada, pimienta padron al grill y pan de masa madre.

17.70

HAMBURGUESA DE POLLO



Con pollo al grill, lombarda, queso, cebolla frita, patatas fritas crujientes y salsa de la casa.

18.90

HAMBURGUESA VEGANA



con falafel casero, pure de aguacate, batatas fritas, mezcla de ensalada, hummus de remolacha y cebolla frita.

17.90

BURRITO DE POLLO



Con pollo, queso, maíz, pimienta, arroz, salsa, ensalada y super patatas fritas crujientes.

18.90

BURRITO MIAMOR VEGANO



con nuestra "carne" especial casera, queso, maíz, salsa, ensalada y super patatas fritas crujientes

17.90

SUSHI BOWL / OPCION



con arroz, salmón ahumado, aguacate, pepino soja, edamame, wasabi

17.80

TACOS TIME / OPCION



con pollo texmex, maíz, ensalada de mango y aguacate, salsa y cilantro

16.80

FILETE DE SALMON



con arroz, filete de salmon, ensalada de mango y aguacate, salsa

23.80

ARROZ CON CURRY Y POLLO



con arroz especial de la casa al curry, pollo al grill, maíz, zanahoria, espárragos y salsa de la casa.

18.80

ENSALADA CON POLLO Y PESTO



con pollo al pesto, mozzarella, lechuga, pepino, manzana granny smith y anacardos, psyllis

17.70

BUDDHA BOWL



con arroz, garbanzos, aguacate, zanahoria, edamame, repollo morado, salsa soja i sesamo

15.20

IKIGAI PARADISE BOWLS



- **LIFE BOWL:** con yogurt griego, granola casera, crema de cacahuete, chia, plátano y mix de frutas 11.90
- **ACAI BOWL IKIGAI FAMOSO ACAI con acai organico, granola casera, plátano, mantequilla de mani, frutas y coco** 13.80
- **PITAYA BOWL** con 100% fruta del dragon organica, banana, mango, granola casera y mix de frutas 12.90
- **COCO BOWL** con coco amazonico, platano, mantequilla de mani, frutas, granola casera y coco 12.90
- **CIELO AZUL Bowl** con espirulina azul, mango, piña, granola casera, plátano, coco y mix de frutas 12.90
- **TROPICAL MATCHA BOWL** con matcha organico, platano, espinacas, mango, frutas y granola casera 12.90
- **PECADORES DEL PARAISO BOWL** con plátano, mango, mantequilla de mani, granola casera, frutas 12.90
- **PAJAROS DEL PARAISO BOWL** con banana, piña, mango, maracuja, granola, coco, chia, frutas 12.90

PARA COMPARTIR



Edamame Bowl

edamames hervidos con salsa de soya, harissa
8.90

Hummus Bowl

hummus de remolacha con bastoncitos de zanahoria y pepino
9.80

Guacamole Bowl

pure de aguacate con tomates cherry
9.80

Burrata Plate

con tomates cherry, mozzarella, burrata, albahaca y caju
12.40

SALMON AVO TARTAR

con salmon ahumado, aguacate, mango,
13.70

Hot NACHOS

nachos calientes con queso, guacamole y salsa
8.90

POSTRES



ACOMPAÑAMIENTOS



WAFFLES

con mantequilla de mani, banana maple syrop, frutas y granola casera

HELADO DE FRUTAS CASERO 7.50

BOWL DE FRUTAS FRESCAS 10.80

CHIA PUDDING CASERA CON FRUTAS 6.80

8.90

PATATAS FRITAS SUPER CRUJIENTES 6.90

PATATAS DULCES FRITAS 7.80

PATATAS BRAVAS 9.80

PIMIENTOS VERDES AL GRILL 8.80

SHAKES AND SMOOTHIES

BATIDO <u>ENERGETICO DE ACAI</u>  	9.90
con acai organico , arándano, plátano y leche de coco	
<u>ACAI GRANIZADO</u>  	11.60
con acai granizado, mantequilla de maní, granola casera, frutas	
COCO <u>HYDRA SHAKE</u>  	9.80
con plátano, pina, 100% organic coco, chia	
BATIDO <u>MULTIVITAMINICO DE PITAHAYA Y REMOLACHA</u>	9.80
con pitahaya, plátano, remolacha, frambuesa, mango, zumo de naranja	
BATIDO DE PASTEL DE ZANAHORIA  	9.80
con plátano, zanahoria, pina, leche de avena, galletas, canela, mantequilla de maní, chia	
BATIDO DE <u>RECUPERATION DEL ANTRENAMIENTO</u> CON AVENA	9,80
con mantequilla de maní, plátano, mango, avena, cacao crudo y leche de almendras, chia	
BATIDO VERDE <u>DETOX</u>  	9.90
con rizada, mango, piña, apio, plátano y jugo de naranja,	
BATIDO <u>INMUNOLOGICO DE ESPIRULINA AZUL</u>  	9.80
con mango, piña, plátano ,espirulina azul y leche de coco	
BATIDO <u>ANTIOXIDANTE DE CURCUMA</u>  	9.80
con piña, plátano, cúrcuma, mango, maracuyá y jugo de naranja	
BATIDO DE CHOCOLATE Y AGUACATE  	9.80
cacao en polvo, aguacate, mango, chispas de chocolate, plátano, mantequilla de maní, leche de almendra	
<u>CON GUSTO AGREGUE EXTRA PROTEINA DE GUISANTE EN POLVO/COLÁGENO</u>	2.40

IKIGAI ZUMOS NATURALES

ZUMO DE NARANJA FRESCO PEQUEÑO/GRANDE	3.80/4.90
ZUMO DE NARANJA GRANIZADO PEQUEÑO/GRANDE	5,80/6.90
CHUPITO DE JENGIBRE	2.20/4.00
INFUSION DE AGUA DE PINA Y PEPINO	5.90
LIMONADA CASERA CON FRUTAS DEL BOSQUE' COCO	5.90
COLLAGEN BOOST ELIXIR mágico CASERO con jugo de mango, arándano, colágeno, limón y naranja	6.80
IKOMBUCHA	6.50

IKIGAI CAFES

RELAX AND ENJOY OUR
ECOLOGIC COFFEE

ESPRESSO	1.90
AMERICANO	2.20
CAPPUCCINO	3.20
COFFEE WITH MILK	2.90
ICE COFFEE	3.80
LATTE MACCHIATO	3.90
EXTRA COFFEE SHOT	1.20
COLACAO LATTE	3.20

SUPERFOOD LATTES

CHAI LATTE	6.90
MATCHA LATTE	6.90
ACAI LATTE	6.90
BLEU SPIRULINA LATTE	6.90
PITAHAYA LATTE	6.90
CURCUMA LATTE	6.90

EXTRA : VANILA, CAMEL OR HONEY 0.50

OPCIONES DE LECHES DISPONIBLES

COCONUT AVENA ALMENDRA SOJA

INFUSIONES DE TE ORGANICAS 3.90
and ICE COLD TEAS 5.80

PREGUNTA POR LOS SABORES

IKIGAI

REFRESCOS

STILL/SPARKLING WATER	2.90
COCA COLA / FANTA/SPRITE	2.90
NESTEA	2.90
TONIC ROYAL BRISS	2.90
APPLETIZER	2.90
GINGER BEER	4.20

CERVEZAS

CORONA 355ML	3.90
ALHAMBRA ESPECIAL CANA	3.10
ALHAMBRA ESPECIAL PINTA	4.20
ALHAMBRA RESERVA 1925	3.80
SAN MIGUEL ESPECIAL/0.0	3.20
SAN MIGUEL GLUTEN FREE	3.80

IKIGAI BEBIDAS Y COCTELES

IKIGAI FROZEN MARGERITA con MARACUJA /COCO/FRUTOS DEL BOSQUE	11.80
<i>¡La FABULOSA margarita CONGELADA de Ikigai es una fiesta en un vaso, que combina frutas congeladas, jugo de limón picante, tequila y triple sec!</i>	
GIN TONIC ORGANIC / 0.0 % OPTION	10.50
IF YOU LIKE PINNA COLADArom, pineapple, coco	10.90
APEROL SPRITZ	10.50
FLAMINGO APEROL	11.00
<i>Aperol, raspberry, maracuja, lemon juice</i>	
MOJITO CLASSIC / MARACUJA /PITAHAYA	9.90/10.80/11.00
TEQUILA MULE	10.80
<i>Tequila, lime juice, ginger</i>	
TEQUILA SUNRISE	10.90
<i>Tequila, pomegranate, orange juice, spices</i>	
THE FROZEN DEVIL Whisky, frutos del bosque congelados, zumo de limón, sirope de arce, granada	11.50

IKIGAI

VINOS NATURALES de Bodega CAMPESTRAL

*Vinos naturales con un solo ingrediente:
UVA, UVA y solo UVA*

El vino natural NO tiene absolutamente ninguna intervención química o tecnológica durante todo el proceso de producción.

CAMPESTRAL STILL RED	4.80	19.50
CAMPESTRAL STILL WHITE	4.80	19'50
CAMPESTRAL STILL CLARET	4.80	19.50
CAMPESTRAL ENVEJECIO EN ROBLE	5.80	24.50

ANCESTRAL METHOD: WINES WITH NATURAL BUBBLES

CAMPESTRAL ANCESTRAL RED	26.00
CAMPESTRAL ANCESTRAL WHITE	26.00
CAMPESTRAL ANCESTRAL CLARET	26.00
CAMPESTRAL BAJO VELO	32.00

*ESPERAMOS DISFRUTAS DE NUESTROS VINOS
NATURALES TANTO COMO NOSOTROS*

SANGRIA CON FRUTAS	6.80
TINTO DE VERANO	6.80

IKIGAI

WELCOME TO THE HOUSE OF IKIGAI

¿Qué es IKIGAI? Puede que sea una pregunta que nunca te has hecho. IKIGAI es un concepto japonés que significa tu 'razón de ser'. Tu IKIGAI es tu propósito de vida o tu dicha. Es lo que te trae alegría y te inspira a levantarte de la cama todos los días.

LAS 10 REGLAS DEL IKIGAI

Mantenerse activo

No te jubiles

Tomar con calma

Ponte en forma

Vivir el momento

Reconectar con la naturaleza

Sonreír

Rodéate de buenos amigos

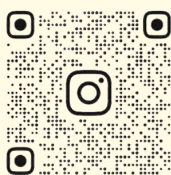
Dar gracias

Sigue tu Ikigai

BIENVENIDO A LA TRIBU !

SIGUE NUESTRO VIAJE EN INSTAGRAM

IKIGAIFOODFORLIFE



A vibrant tropical floral border surrounds the central text. It features large green leaves, a Bird of Paradise flower with orange and blue petals, and a bright pink hibiscus flower with a yellow center. The background is a solid light pink color.

IKIGAI

FOOD FOR LIFE

WELCOME TO THE TRIBE!